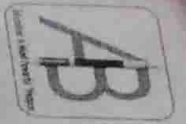


Emerging Trends and Issues in Higher Education



*Self attested
Priyanka*

Shaheen Fatima Khan



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Foreword

The study and research in higher education has unfortunately received little attention. Study and Research of education is dominated by the higher secondary sector and higher education is neglected. The classification of higher education as non-essential by the World Bank has been very unhelpful, although it is generally agreed that good (if not excellent) training in higher education is necessary for rational planning and development of the country.

It is only recently that higher education has been included on a small scale in the syllabus of B.Ed./M.Ed. programs. The concept of integrated four year B.Ed./B.Sc./B.A. etc. is a novel one, needing more thought and experience.

Increasing use of ICT is also a welcome trend but its use and relative importance needs to be evaluated.

The present book is a result of study and teaching by dedicated teachers who have collaborated in the discussion of some novel and important concepts and practices whose study gives an introduction to higher concepts.

It is hoped that the authors in this book will act as torch bearers to introduce elements of higher education in our system. I wish all success and glory in this mission.

Dr. Shaheen Fatima Khan has to be congratulated on an excellent initiative and editorship, resulting in the present book.

Padamashri Prof. M.S. Sodha,

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... methodologies used in different places to recognize that work environment disequilibrium. Higher education plans are supposed to provide environment that would foster healthy learning process but researchers have stress that is too high and with various external stressors as work ambiguity, work overload, job insecurity, role conflicts, overwork, deadlines, limited career advancement, pressure of performing administrative assignments etc.

Methodology:

Two I.P. state government universities and one central government university were selected from Lucknow city and five permanent teachers and five guest faculties of the universities were from *Quarterly Journal of Management Review*, Oct. 78, Vol. 67 Issue 10, p. 4, etc. to analyze their work related stress and then were interviewed in depth about their perceptions on the reasons that give them stress in the university environment.

Case Series:

Case I & Case II: The participants aged 42 and 10 years of experience and 15 years and 15 years of experience of 24 year old general university had shown high level of stress and told that the major causes of stress were incompetent system of measuring teaching ability such as API. Teaching and research are two different areas of interest. The present API doesn't bring up the real ability of teachers. Both teachers complained that working environment was polluted with politics based on caste, religion, region etc. The administrative system is such that resolution of problems is delayed. Everyone seems to be passing the ball. Teachers have been burdened with administrative works. All of sudden meetings are called which disrupts planned work. Often meetings are too long (beyond office hours) and end without concrete conclusions.

Case III & IV: The participants belonged to a state government university established just six years ago. The participants aged 39 & 40 years and had teaching experience of six years. They said the major cause of stress is scarcity of permanent staff. No recruitment from last six years results in work overload on teachers and especially on Head of department. Excessive administrative work had impacts teaching. The energy and time which should have been devoted to teaching goes off in administrative work. The unjust API system includes the administrative works in its structure that is

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A Case Study on Perceived Stress Causes Among Higher Education Teachers of University

Prityanka Suryavanshi*

Introduction

According to Taber's Cyclopedic Dictionary, Stress is "the result produced when a structure, system, or organism is acted upon by forces that disturb equilibrium or produce strain". Stress is the body's reaction to the external demands placed upon it by the environment. Stress is a physiological and psychological imbalance. It arises due to the demands which the individual is not able to meet. The sources of stress could be both internal and external. Internal stress is based on individuals' thoughts or behaviour whereas External stress is related to environment. For example in present context the resources given to teachers, office, staff, income, day care facilities, working hours, support from administration, work load etc. Work related stress, job stress, organizational stress are

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